



12th September 2014

Supporting Breastfeeding Mothers: A day with Catherine Watson Genna, BS, IBCLC

Venue: The Riverside Centre, Riverside Court, Pride Park, Derby DE24 8HY

Breastfeeding LENS is delighted to be able to offer this event at a special low price.

The day fee includes all refreshments and lunch. This includes vegetarian options. Masterclass only includes refreshments.

Catherine's presentations include:

Good Latch, Bad Latch: Nuances of Attachment

The understanding of infant sucking has burgeoned in recent years with the continued development of cineradiographic and ultrasound techniques. A clear understanding of how infants use the tongue during breastfeeding as well as triggers for infant feeding behaviors helps the lactation consultant understand how to optimize attachment for each mother-baby pair. A wide variety of approaches to both mother and infant led attachment are illustrated by video clips from lactation consultations. Extensive clinical photos illustrate the subtle signs of suboptimal vs. optimal attachment. The longer version includes latching to bottle nipples to support breastfeeding skills, optimizing attachment when using at-breast supplementers, and latching to nipple shields in a way that promotes direct breastfeeding in the future.

IBLCE blueprint: Disciplines: L. Techniques

Red Flags for Breastfeeding Helpers

How do breastfeeding helpers distinguish between harmless temporary issues during lactation and signs and symptoms of serious conditions that require immediate referral to a breastfeeding specialist? This presentation illustrates maternal and infant "red flags" and helps differentiate those that are transient from those that may become dangerous.

IBLCE blueprint: Disciplines A. Anatomy, E. Pathology, L. Techniques

Masterclass:

Assessing for Tongue Tie

Subtle difference in tongue attachment can cause feeding difficulties in infants. Traditional guidelines such as requiring a heart-shaped tongue-tip or complete inability to extend the tongue over the gum ridge miss these more subtle cases of ankyloglossia. This presentation uses extensive clinical photography to illustrate a systematic assessment strategy that examines tongue mobility and tongue attachment in light of recent research.

IBLCE blueprint: Disciplines A. Anatomy, E. Pathology, L. Techniques