

Supporting Breastfeeding Mothers:
A day with Nancy Mohrbacher

**Breastfeeding and Peer Support
Study and Information Day**

23rd April 2014,

Northcliffe Church Hall, Hall Royd, SHIPLEY BD18 3ED

Programme:

09:15- 09.45	Registration & coffee
09.45 – 10:00	Welcome & housekeeping (Breastfeeding LENS Ltd)
10:00 – 11.00	Nancy Mohrbacher... Exclusive Breastfeeding: The Mother's Perspective and Beyond (60 minutes)
11.00 – 11.15	BREAK
11.15 - 12.30	Nancy Mohrbacher... Understanding Breastfeeding Behaviours (75 minutes)
12.30-13.20	LUNCH
13.20-14.50	Breastfeeding LENS... Led Activities (90 minutes)
14.50- 15.10	END, GOODBYES & EVALUATION FORMS
Optional Extra Master Class with Nancy Mohrbacher	
14.50- 15.10	BREAK
15.10-16.40	Nancy Mohrbacher.... Nipple Pain & Trauma: Causes & Treatments (90 minutes)
16.40-17.00	END, GOODBYES & EVALUATION FORMS